

## NID Spa Club

For the latest specials, join the NID Spa Club. This is the best way to keep up to date on current specials. We'll send you one text a week.

Text **SPA CLUB** to **555-888** to join the NID Spa Club and get exclusive deals on our premium spa services. You deserve it.

**North Idaho Dermatology** is dedicated to providing the highest standard in cosmetic procedures. Our broad spectrum of treatments and procedures are medically supervised by our fully trained and qualified: doctors, physician assistants, nurse practitioners, and licensed estheticians.

An important part of the equation leading to healthy, and radiant skin lies in the habit of gentle, thorough skin care. Whatever your skin type or whatever factors are impacting your skin condition, we are here to educate you and offer assistance in designing an effective yet simple skin care program without high-pressure sales. We do welcome walk-in appointments as time permits, however we do encourage appointments to be made in advance to guarantee service. Please note we do request a 24 hour in-advance notice to cancel your appointment.

### Coeur d'Alene

2288 N. Merritt Creek Loop  
Coeur d'Alene, ID 83814

### Sandpoint

476394 HWY 95 (3rd Floor)  
Ponderay, ID 83852

### Liberty Lake Family Dermatology

2207 N. Molter Rd, Ste 203  
Liberty Lake, WA 99019

### Moscow

619 S. Washington St, Ste 302  
Moscow, ID 83843

Medical Line 208.665.7546  
Cosmetic Line 208.292.5939  
Fax 208.667.4607

## Laser Hair Removal

Area	Price	Series of 5
Upper Lip	\$89 each	\$445
Chin	\$99 each	\$495
Lip & Chin	\$169 each	\$845
Lower Face	\$179 each	\$895
Bikini	\$169 each	\$845
Brazilian	\$249 each	\$1,245
Lower Legs	\$445 each	\$2,225
Underarms	\$99 each	\$495
Eyebrows	\$79 each	\$395

**Single Treatment: Add 10% to Price**

**Maintenance: Subtract 10% of Price**

## IPL (Intense Pulse Light)

IPL, photo rejuvenation, photo facial - all of these terms describe what is formerly known as Intense Pulse Light. IPL treatments are a non-invasive alternative for a variety of skin conditions such as sun damage, rosacea, age spots, freckles, brown spots and redness. IPL is a safe treatment program that can be customized to suit your needs and schedule.

Face .....	\$350
Cheeks .....	\$200
Chin .....	\$100

## Tattoo Removal

Laser tattoo removal can eliminate your tattoo with minimal side effects. Lasers remove tattoos by breaking up the pigment colors of the tattoo with a high-intensity light beam. Because each tattoo is unique, removal techniques and price must be tailored to suit each individual case. Patients with previously treated tattoos may also be candidates for laser therapy. Depending on the size and color of your tattoo, the number of treatments will vary.

**Minimum Price** .....\$250

## CO<sub>2</sub>RE Laser

Our **Fractional CO<sub>2</sub> laser** can resurface and tighten the skin and is like having two treatments in one. **CO<sub>2</sub>** eliminates the signs of aging such as fine lines, wrinkles and freckles. It can also be used for a single scar or acne scarring.

<b>Full Face</b> .....	\$2,990
<b>Scar</b> .....	\$800 (minimum)
<b>Acne Scars</b> .....	\$1,000 (minimum)
<b>Simple CO<sub>2</sub></b> .....	\$995

Our **Fractional CO<sub>2</sub> Laser** set at medium depth can resurface the skin and eliminate the signs of aging with half the downtime. This procedure is performed by one of our Clinical Estheticians.

## Vascular Laser

Vascular laser treats spider veins, red spots, rosacea and other lesions of the skin. Outcomes are excellent and consistent. There is minimal discoloration or swelling depending on the severity of your condition. Vascular laser is performed in our office and typically without anesthesia or pain.

<b>Single Spot</b> .....	\$200
<b>Single Cheek</b> .....	\$300
<b>Nose</b> .....	\$250
<b>Forehead</b> .....	\$250
<b>Cheeks &amp; Nose</b> .....	\$600
<b>Cheeks &amp; Chin</b> .....	\$600
<b>Cheeks, Nose &amp; Chin</b> .....	\$700

If you are interested in a laser procedure and would like further information, please ask to schedule a consult with a provider. This consult must take place in order to schedule. The consultation fee is \$75.00 which will be credited towards your treatment if you choose to have it.

.....  
24 hours required for cancellation  
or you may lose your deposit.

# Cosmetic Services



## Corrective Treatments

### Microdermabrasion \$135

Microdermabrasion is a light yet effective procedure that uses mechanical exfoliation (a diamond head tip) combined with suction to gently lift and remove the outermost layer of dead skin cells. It is a painless, non-invasive, no downtime skin rejuvenation procedure in which you'll leave with a beautiful glow. The many benefits include the diminishment of superficial hyperpigmentation and sun damage, as well as fine lines. A further benefit is enhanced skin penetration of skin creams and serums. Multiple treatments in combination with sunscreen and professionally recommended skin care yield best results.

### Chemical Peels \$95

Peels are skin friendly and effective at addressing many skin conditions without discomfort or downtime. Our blends contain a variety of beneficial ingredients to help treat aging skin, acne, rough texture, skin discoloration (hyperpigmentation), fine lines/wrinkles... all while leaving the skin hydrated and refreshed.

### Elite Chemical Peels \$175

This advanced clinical chemical peel is meant for the experienced patient with resilient skin. It's designed to treat and deliver more dramatic results.

\* This treatment must be previously recommended.

### Dermaplaning \$65

Dermaplaning is a manual exfoliation technique that removes superficial dead skin cells and "peach fuzz" with a custom dermaplaning blade. Your skin will have a smooth feel as well as be able to increase its absorption of topical products. This is a painless, safe procedure with no downtime or special care needed.

### Acne Surgery \$167

This is a specialized medical treatment to assist patients in clearing acne that includes sterilized drainage and extractions. This procedure will be customized by your licensed skin care therapist to address the type of acne you are experiencing. This procedure must be prescribed by your medical provider and may be billable to insurance depending on your individual policy.

## Injectables

### Botox \$13/unit

Botox is an excellent way to relax the facial muscles that contribute to wrinkles. It involves only a few very small injections and requires no downtime. Side effects are minimal to none, and results last for months. The most common areas treated are frown lines, forehead lines, and crow's feet. You'll feel at ease in the capable hands of our experienced medical injectors. Botox lasts 3-4 months with optimal treatment.

\* Dysport available with advanced notice.

### Juvederm/Restylane \$575/syringe

Dermal fillers such as Juvederm are composed of a hyaluronic acid gel that closely resembles the natural hyaluronic acid found under the skin. Juvederm is fantastic at smoothing out wrinkles and folds in the skin, or adding volume to lips for 10-12 months. Restylane is good for 9-12 months. With no downtime and instant results, dermal fillers are a safe and effective treatment to soften unwanted lines.

### Voluma \$800/syringe

This injectable gel instantly adds volume to the cheek area. It gives you a subtle lift, helping to restore contour and a more youthful profile, for up to TWO YEARS.

Where Juvederm is the product to smooth out wrinkles and folds, Voluma is most impactful in adding volume to the cheek area. Voluma lasts 18-24 months with optimal treatment.

### Kybella \$2,400 (2 treatments)

Kybella is the only FDA-approved injectable to improve the appearance of fullness beneath the chin, by destroying fat cells. The fat is eaten away by naturally occurring molecules that are found in the human body. It is a non-surgical alternative to liposuction - and yes, it is permanent! Two to four treatments (6 weeks apart) are needed to achieve desired results.



Before Kybella



After Kybella

## Permanent Cosmetics

### How It Works

Permanent make-up deposits colored pigment into the upper layer of the skin. It can be used on almost any area of the skin and is especially suited for the eyebrows, eyelids, and lip area. With the purchase of a full eyebrow, eyeliner, or lip liner you will receive an initial consultation, application of the pigment, and one follow up visit for adjusting the shape, color, or density of the pigment.



**Full Eyebrows** \$375

**Full Lip Liner** \$375

**Full Eyeliner** \$375

All Include a perfection visit

**Color Wash/Eyeliner** \$425

All Include a perfection visit

**Color Enhancements** \$225

Enhancements to Amy's permanent cosmetic work

## Tinting

Well defined, thicker lashes and brows give you a more youthful appearance. This treatment works best on people with lighter colored lashes/brows. Many people have lashes that are lighter on the tips, but when they're tinted they seem longer. (Lasts about 4-6 weeks)

**Eyelash Tint** \$25

**Eyebrow Tint** \$15

**Add a lash tint to your microderm, peel or facial for \$18**

## Waxing Services

**Lip** \$10 **Underarms** \$25

**Chin** \$15 **Bikini** \$45

**Brow Design** \$20 **Inbetweenie** \$55

**Brow Maint.** \$15 **Brazilian** \$75

**Lower Face** \$35 **Half Leg** \$50

**Please inquire about cost of waxing services not listed.**

## Facials

### Customized Facial \$85

Relax while receiving a customized facial just for YOU! This treatment will be tailored to suit your individual skin type and precisely meet your unique needs and goals. Your experienced esthetician will deliver what your skin needs whether that's hydration, anti-aging, calming, resurfacing, etc. You will enjoy a deep pore steam cleansing, exfoliation, customized masque, eye cream, and moisturizer. Our calming massage of the face and neck will increase circulation and relax the muscles.

### Clinical Acne Facial \$109

Receive a deep steam cleansing with an antibacterial wash. After the skin is gently exfoliated to assist in unclogging and opening pores, extractions are performed, followed by a serum and soothing mask. Our high frequency machine will be used for additional antiseptic and oxygenating properties. Moisturizer and sun block are applied at the end. This is an excellent treatment to have when beginning an acne medication to jump-start the clearing process and also great to have on its own.

## Your Cosmetic Team

- **Amy Hart**, Licensed Clinical Esthetician
- **Shannon Shibley**, Licensed Clinical Esthetician
- **Krysta Azzollini**, Licensed Clinical Esthetician
- **Yolanda Viernes**, Front desk, Esthetician
- **Linda Snider**, Cosmetic Department Manager

